

Summer Camp Schedule

**schedule is subject to change*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	*FRIDAY*
8:00 AM	Welcome	Welcome	Welcome	Welcome	Welcome
8:30 AM	Park	Games	Games	Games	Games
9:00 AM	Park	MOVEMENT CLASS 9: 15-9:45	Football/Skipping	MOVEMENT CLASS 9: 15-9:45	park
10:00 AM	Off-Ice Conditioning	Off-Ice Conditioning	Off-Ice Conditioning	Off-Ice Conditioning	Jump Class 10:00-10:30
11:00 AM	Snack/SKATES ON	Snack/SKATES ON	Snack/SKATES ON	Snack/SKATES ON	ON-ICE 10:45-12:00
11:20	ON-ICE	ON-ICE	ON-ICE	ON-ICE	AMAZING RACE
	*KIDS WILL BREAK FOR LUNCH				
1:15 PM	Skates off/cool down	Skates off/cool down	Skates off/cool down	Skates off/cool down	
2:30-4:00 PM	SWIMMING 2:30-4:00	SWIMMING 2:30-4:00	SWIMMING 2:30-4:00	SWIMMING 2:30-4:00	SWIMMING 2:30-4:00
5:00 PM	Good-Bye	Good-Bye	Good-Bye	Good-Bye	Good-Bye

NOTES

*Please pack peanut free snacks, refillable water bottle and lunch.

*Off ice attire is required.

*Hockey players are not required to wear full equipment, just skates, helmet and gloves.

*CanSkaters are required to wear a helmet.

*Swim every day please pack accordingly