



Hockey Edge and Balance Development Program

October 16- November 13, 2017
4:00-4:50 pm
Allandale Recreation Facility

- ◆ Players will be introduced to concepts such as inside and outside edges, both forwards and backwards, as well as the ability to connect different directions and edges.
- ◆ Program designed by Paul Matheson, exercises are based around detailed repetitions and progressions that will allow the player to build a solid foundation of basic skills.
- ◆ Each session will be conducted by two instructors from the Internationally renowned Mariposa School of Skating that specialize in working with players of the specific age and level.
- ◆ Must be born between 2007 and 2011 to participate in this program.
- ◆ Program is limited to a maximum of 12 students.
- ◆ 5 week program: \$199 plus HST

Edge and Balance Development Program

Player's Name

Player's Date of Birth

Address

Phone Number

E-Mail Address

Parent's Name

Credit Card #

Exp date

Signature of Parent or Guardian

Part-Time applicants will not be accepted. I have read and agree to the registration policy.